



Level 2 1st and 2nd Grade Rules

Level 2 soccer is intended to be a fun expanded introduction to soccer, learning more about positions and duties on the field. Each child should have equal playing time and subbed in and out appropriately.

Players on the field: 5 plus 1 goalie, total of 6

Ball size: 4

Play time and substitutions: 10 minute quarters, with subs half-way through

Throw in: Ball will be given to the team that did not make final contact before the ball went out of bounds. If the throw isn't done correctly, it can be repeated at this age level.

Penalty kicks: This level will be an introduction to penalty kicks and guidelines for true penalty kicks will be loosely followed in order to teach.

Offsides: Will not be enforced at this age level

Goal Kick: Takes place when the attacking team kicks the ball over the end line

Corner Kick: Takes place when the defending team kicks the ball over the end line

General Soccer Rules:

- No contact with the ball from shoulder to the fingertips
- The entire ball must cross the goal line or out of bounds line
- All out of bounds balls must be thrown in at the spot where the ball crosses the line
- No slide tackles or headers
- A proper throw-in must have both hands on the ball, both feet on the ground, be behind the out of bounds line, and throw the ball from over their head. The player that threw the ball in, isn't allowed to touch the ball until another player touches or kicks the ball.